

Περίληψη άρθρου

Οι φλεγμονώδεις νόσοι του εντέρου, δηλαδή η ελκώδης κολίτιδα και η νόσος του Crohn είναι νόσοι π

Η δραστηριότητα της φλεγμονώδους νόσου του εντέρου συνδέεται στενά με ψυχολογικά συμπτώματα. Έχει παρατηρηθεί ότι υπάρχει εντονότερο άγχος στους ασθενείς με φλεγμονώδη νόσο του

εντέρου κατά τη διάρκεια της έξαρσης των συμπτωμάτων της νόσου [1, 2]. Μια μελέτη σε ασθενείς με **ελκώδη κολίτιδα** κατέληξε στο συμπέρασμα ότι, η ενδοσκοπικά επιβεβαιωμένη ενεργή φλεγμονή του βλεννογόνου σχετίζεται με περισσότερο ψυχολογικό στρες [3]. Γιαυτό παίζει ρόλο ο έλεγχος της φλεγμονής, τόσο για τη σωματική, όσο και για την ψυχολογική ευεξία των



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For the purpose of this study, the following hypotheses were formulated:

[illegible]



Receiving a diagnosis of cancer may cause a patient to experience a variety of emotions, including fear, anger, and sadness. The patient's emotional response may be influenced by the type of cancer, the stage of the disease, and the patient's personal history. The patient's emotional response may also be influenced by the patient's support system, including family and friends. The patient's emotional response may also be influenced by the patient's access to resources, including financial resources and access to healthcare services. The patient's emotional response may also be influenced by the patient's cultural beliefs and values. The patient's emotional response may also be influenced by the patient's previous experiences with illness and healthcare. The patient's emotional response may also be influenced by the patient's personality and coping mechanisms. The patient's emotional response may also be influenced by the patient's social support system, including family and friends. The patient's emotional response may also be influenced by the patient's access to resources, including financial resources and access to healthcare services. The patient's emotional response may also be influenced by the patient's cultural beliefs and values. The patient's emotional response may also be influenced by the patient's previous experiences with illness and healthcare. The patient's emotional response may also be influenced by the patient's personality and coping mechanisms.